

Subhash C. Chauhan, Ph.D.,

Professor and Inaugural Chairman,
Department of Immunology and Microbiology,
School of Medicine, The University of Texas Rio Grande Valley,
5300 North L Street, McAllen, TX 78504, USA.
Phone: +1 (956)- 296-5000
E-mail: subhash.chauhan@utrgv.edu



I am very glad to learn that Department of Bioengineering at the Integral University in Lucknow with the collaboration of Tashkent Chemical Technological Institute in Uzbekistan is organizing the *Indo-Uzbek Meet and International Conference on Trends & Innovations in Food Technology from Farm to Fork* from November 24th to November 25th. I believe food is the basic requirement for humans to survive, and it needs extra care to maintain its wholesomeness. To collaborate and bring the food scientist from all around the globe on a common platform and share knowledge and research findings on different aspects of food processing, as well as various advanced and innovative processes of technologies to have safe food for humans is a commendable job. The conference appears to be an ideal venue for deliberation, networking, and collaboration among various stakeholders, addressing the issues of current food production around the world and how global food production can be enhanced with improved methods and technological advancements to take food from the farm to the fork of the people all over the world, increasing access to food and eradicating hunger disparities.

Apart of nutrition, appropriate food and dietary habits are responsible for the regulation of chronic diseases like cardio-vascular, neurodegenerative, liver, metabolic diseases, and cancer. The concept of “Let Food Be Thy Medicine, and Let Medicine Be Thy Food” has emerged in recent years as organic consumable derived natural products/phytochemical (Nutraceuticals) have shown useful benefits for preventing chronic diseases. The 21st century exhibited swiftly expanding awareness of nutraceuticals as effective therapeutic modalities with acknowledged idea of nutraceuticals as novel branch of “complementary and alternative medicine”. Most of the phytochemicals are rich in antioxidants which affect the aberrant signaling pathway. Phytochemicals like Epigallocatechin-3-gallate, Curcumin, Resveratrol, and Quercetin have shown very important roles in controlling various chronic diseases.

I appreciate the Department of Bioengineering at the Integral University in Lucknow and the Tashkent Chemical Technological Institute in Uzbekistan for organizing this conference and addressing the multi-facet aspects of food technology advancements. I wish a great success to all the conference organizers and attendees.

Sincerely,



Subhash C. Chauhan, Ph.D.